

MENTAL HEALTH FIRST AID

MSA Volunteering

In 2024 MSA Volunteering is offering a number of different formats in relation to the Mental Health First Aid training course. A blended course, involving an online self-paced learning component (which takes approximately 6 hours to complete) and two Zoom classes of 2.5 hours is being offered as well as an in-person, 2-day course. It should be noted that participants must attend both sessions of the same course (in-person or blended) in order to be accredited.

MSA Volunteering currently has the following courses open for bookings:

21 & 23 October | In-Person Attendance

29 & 31 October | Blended Course

6 & 8 November | In-Person Attendance

4 & 6 December | In-Person Attendance

17 & 19 December | Blended Course

4 & 6 February | Blended Course

In-Person Attendance: To register attendance at one of the above sessions please [click here](#).

Blended Module: To register attendance at one of the above sessions please [click here](#).

Cost of Attendance: Blended / online course – from \$120 per person (+ additional transaction fee)

In-person course – from \$25 per person (+ additional transaction fee).

Monash Training and Professional Development (MTPD)

MTPD is offering the Mental Health First Aid training course as a blended option which involves an online component (which takes approximately 6 hours to complete) and two Zoom classes of 2.5 hours.

MTPD currently has no courses available but may offer more at a later date. To register your interest in a future course [click here](#).

Cost of Attendance: MTPD courses - \$234 for MSA+ members.