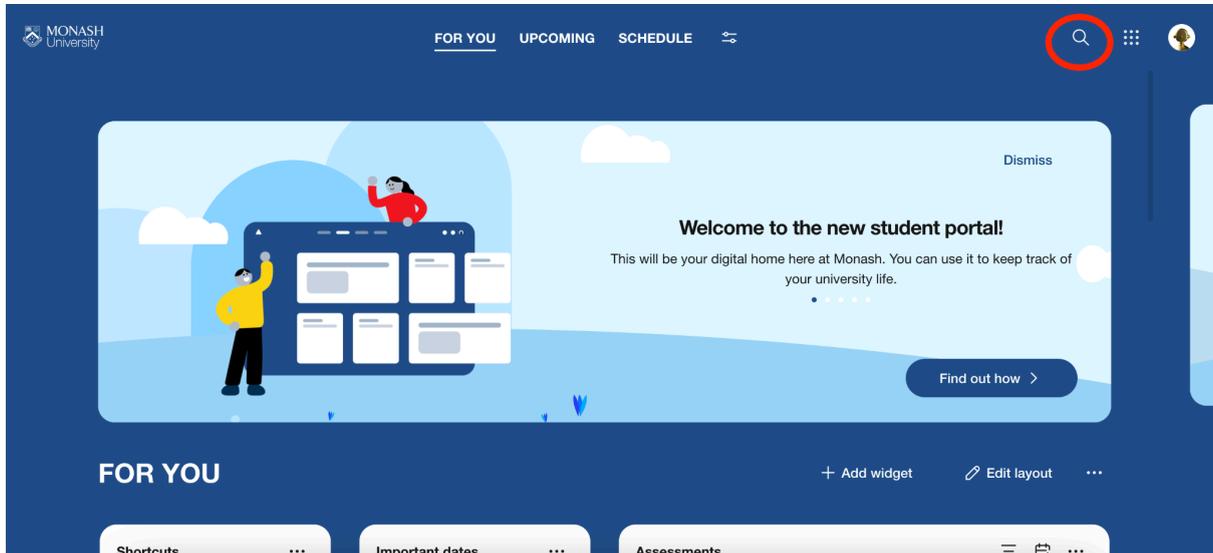
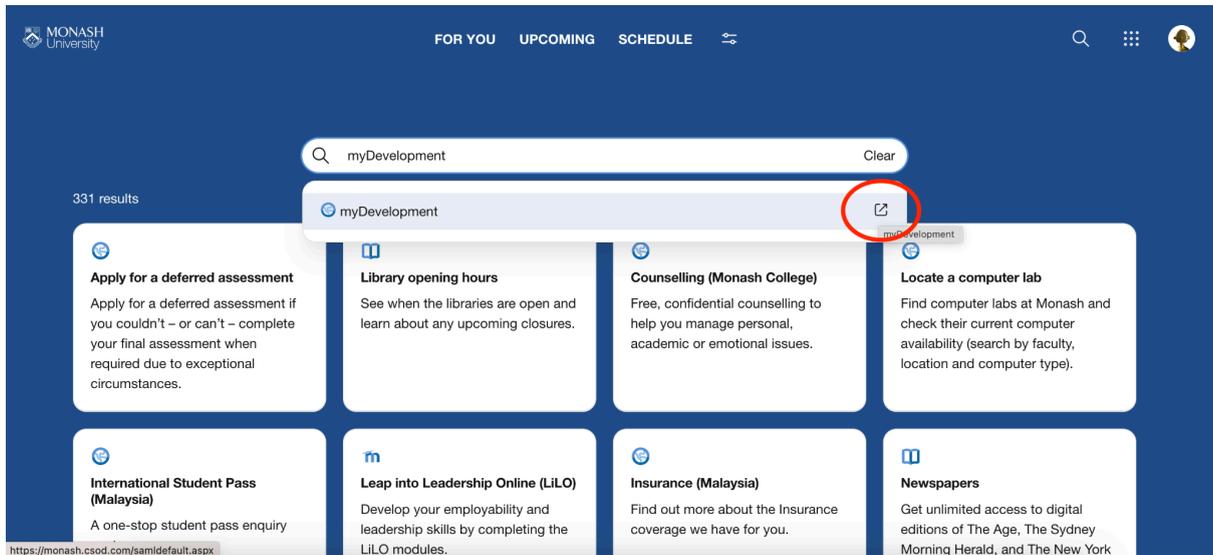


HOW TO REGISTER:

1. Log onto your [student.monash](#) portal.
2. Use the search bar (located at the top right corner) to search “[myDevelopment](#).”



3. Type “[myDevelopment](#)” into the search bar and click the  symbol. This will redirect you to [myDevelopment](#).



4. Use the search bar (located at the top right corner) to search “[Better Friends Training](#).”



November Learning highlights

- **Influence with Impact** - Day 1 - Thursday 26 October, Thursday 2 November
- **Supervisor Training - Managing Performance for Professional Staff** - Day 1 Wednesday 8 November, Day 2 - Thursday 9 November
- **Building Resilience** - Tuesday 14 November
- **Writing in the Monash Tone of Voice** - Tuesday 21 November

NOTE: For all your OHS training requirements please [browse for OHS training](#)

Work Family Support Program

At Monash, we want to help support you at home and at work. In partnership with Benestar, a 12 month parenting, work and family support program is available for Monash staff. Throughout the year you will:

- receive practical strategies on supporting family wellbeing and managing day-to-day parenting challenges on a range of common issues;
- learn about research findings on wellbeing, parenting and child development;
- enjoy tips to better manage work and family - develop your confidence and skills as a parent so you can reduce family stress and be more focused and productive at work.

How the program works

Select [Work Family Support program](#) in myDevelopment for more details on how to register and launch the program. All webinars start at **1 pm AEST** and are 1 hour duration.

You can access the [Benestar portal](#) at any time with your login details.

After you have completed the program, click on **MARK AS COMPLETE** in the external portal and in your [myDevelopment training record](#).

VIEW FEATURED LEARNING

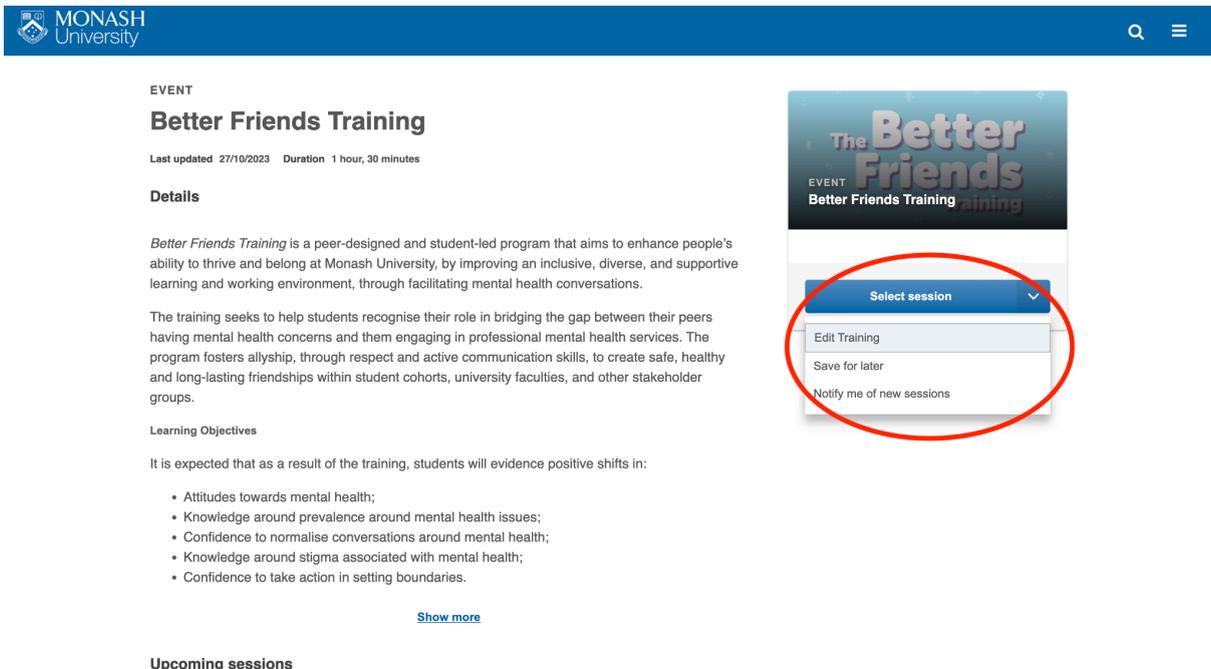
- [Academic Supervisors - Productive Conversations](#)
- [Building Resilience](#)

MY INBOX

View Training record
(0 approved training selection(s))
(Registered for 0 training selection(s))

5. Select the “Better Friends Training” event. Please note: this view is only accessible to students.
6. Press “Select session” and choose a date best suited to your availability OR what has been outlined by your faculty/program.

If you have not been notified of an available place, please register for another session through [myDevelopment](#). If no sessions are available, please click the drop-down arrow on the blue "Select sessions" button and select "Notify me of new sessions" to be notified when new sessions become available.



7. Once you have successfully signed up for a training session, you will receive a confirmation notice, sent to your student email address.